

# Student Activities, Clubs, and Sports

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## Learwood Middle School



# Interscholastic Athletic Programs

## Fall Sports

7<sup>th</sup> Grade Volleyball Coach: Taylor Leube

Email: [taylorleube3@gmail.com](mailto:taylorleube3@gmail.com)

Phone: 440.933.8142 ext. 2921

8<sup>th</sup> Grade Volleyball Coach: Craig Collins

Email: [craig\\_collins38@yahoo.com](mailto:craig_collins38@yahoo.com)

Phone: 440.933.8142 ext. 2921

7<sup>th</sup> Grade Football Coach: TBD

Email:

Phone: 440.933.8142 ext. 2921

8<sup>th</sup> Grade Football Coach: Adam Burgess

Email: [adam.burgess@avonlakecityschools.org](mailto:adam.burgess@avonlakecityschools.org)

Phone: 440.933.8142 ext.2921

7<sup>th</sup> and 8<sup>th</sup> Grade Cross Country Coach: Rob Rocco

Email: [rob.rocco@avonlakecityschools.org](mailto:rob.rocco@avonlakecityschools.org)

Phone: 440.933.8142 ext. 2404

Football Cheerleading Advisor: Dina Marsala

Email: [dina.marsala@avonlakecityschools.org](mailto:dina.marsala@avonlakecityschools.org)

Phone: 440.933.8142 ext. 2501

## Winter Sports

7<sup>th</sup> Grade Girls Conference Basketball Coach: Kathy Lamb

Email: [lambjk3@gmail.com](mailto:lambjk3@gmail.com)

Phone: 440.933.8142 ext.2921

7<sup>th</sup> Grade Girls Non-Conference Basketball Coach: Sarah Fleming

Email: [sarah.fleming@avonlakecityschools.org](mailto:sarah.fleming@avonlakecityschools.org)

Phone: 440.933.8142 ext. 2919

8<sup>th</sup> Grade Girls Conference Basketball Coach: Tad Smith

Email:

Phone: 440.933.8142 ext. 2921

8<sup>th</sup> Grade Girls Non-Conference Basketball Coach: Kevin Marlow

Email: [kevin.marlow@avonlakecityschools.org](mailto:kevin.marlow@avonlakecityschools.org)

Phone: 440.933.8142 ext. 2132

7<sup>th</sup> Grade Boys Conference Basketball Coach: Tim Hurley

Email: [timothy.hurley@pnc.com](mailto:timothy.hurley@pnc.com)

Phone: 440.933.8142 ext.2921

7<sup>th</sup> Grade Boys Non-Conference Basketball Coach: TBD

Email:

Phone: 440.933.8142 ext.2921

8<sup>th</sup> Grade Boys Conference Basketball Coach: John Ugan

Email: [uganj@parmacityschools.org](mailto:uganj@parmacityschools.org)

Phone: 440.933.8142 ext. 2921

8<sup>th</sup> Grade Boys Non-Conference Basketball Coach: Danny Moorman

Email: [dm260005@ohio.edu](mailto:dm260005@ohio.edu)

Phone: 440.933.8142 ext. 2921

7<sup>th</sup> and 8<sup>th</sup> Grade Wrestling Coach: Mike Ferrari

Email: [michael.ferrari@avonlakecityschools.org](mailto:michael.ferrari@avonlakecityschools.org)

Phone: 440.933.8142 ext. 2130

Basketball Cheerleading Advisor: Dina Marsala

Email: [dina.marsala@avonlakecityschools.org](mailto:dina.marsala@avonlakecityschools.org)

Phone: 440.933.8142 ext. 2501

## Spring Sports

Track and Field head Coach: Scott Giomini

Email: [scott.giomini@avonalakecityschools.org](mailto:scott.giomini@avonalakecityschools.org)

Phone: 440.933.8142 ext. 2921

7<sup>th</sup> grade Softball Coach: Craig Collins

Email: [craig\\_collins38@yahoo.com](mailto:craig_collins38@yahoo.com)

Phone: 440.933.8142 ext. 2921

8<sup>th</sup> grade Softball Coach: TBD

Email:

Phone: 440.933.8142 ext. 2921

### Interscholastic Athletic Programs

Interscholastic Athletic Programs are available to all seventh and eighth grade students. Learwood Middle School is a participating member of the Southwestern Conference (SWC). All student athletes must have a GPA of 1.5 during the previous nine-week grading period to be eligible to compete. They also must be passing 5 classes besides Physical Education.

The Ohio High School Athletic Association is the governing body of middle school athletics, and their rules eligibility cannot be altered. If the student has not met the eligibility requirement, he/she will remain ineligible for the subsequent nine-week grading period. It is our hope that this will help the student bring stronger focus to their academics so that they may become eligible to participate in the next grading period. Student athletes will be provided the necessary forms, rules, regulations, and other information related to the sports season. **It is the responsibility of the student and his/her family to be sure that all necessary forms are returned and that a current sports physical is on file with the office before the start of the first practice or tryout session.**

A sports physical is valid for one calendar year from the date on the physical form. When a student tries out for a team, sports physicals are required to be completed on the OHSAA form. These forms are available online at [avonlakesports.com](http://avonlakesports.com) under the forms tab.

## Sign-ups and Other Forms Needed to Be Completed

In an effort to reduce, reuse and recycle, Avon Lake City Schools Athletic Department has made the required OHSAA and BOE paperwork for student participation in interscholastic athletics available online.

All pre-registration forms for all sports can be found on the Learwood Middle School website.

Pre-Registration Meetings for sports are as follows:

- (1) Fall - July 24, 2018 6:00 pm - 7:30 pm in the MPR
- (2) Winter 1 & 2 - October 3, 2018 6:00 pm - 7:30 pm in the MPR
- (3) Spring - February 5, 2019 6:00 pm - 7:30 pm in the MPR

### Athletic Parent Meeting Forms

READ:

- ALCS Athletic Code
- Athletic Parent Information Form
- 2018-2019 OHSAA Student/Athlete Eligibility Guide
- MSRA Info
- Athletes and Parents Pay to Participate Payment Information
- Pre-Participation Physical Form
- Concussion Information

### SIGN & RETURN

To digitally sign or print off hard copies of all forms the athlete and parent must go to: <http://avonlakesports.com/hg/athletic-parent-meeting-forms-4/>

1. Parent-Athlete Agreement Form - Digitally sign OR print a hard copy. Sign and return to coach no later than 3 days after parent meeting.
2. Concussion Sign Off Form - Digitally sign OR print. Sign and return to coach no later than 3 days after parent meeting.
3. Emergency Medical Form and Bus Safety Rules - print a hard copy, sign and return to coach the first day of practice.
4. Pay to Participate - print a hard copy and return to Learwood Middle School along with your Pay to Participate fee.

5. An Emergency Medical Form printed from your InfoSnap Account. Emergency Medical Forms will be shredded at the end of each season. They will not be given to another coach if your child participates in multiple sports.
6. The signatures on the forms above indicate the athlete and parents have read and understand the forms listed and that they have read the Athletic Code and agree to its terms. The athlete and parent understand this is binding while I am/have a student in the Avon Lake City School District.
7. The athlete's physical must be turned into Learwood's main office.

### Fall Sports

Football is a highly competitive contact sport available to 7<sup>th</sup> and 8<sup>th</sup> grade students. Practice starts at August 1st at Learwood Middle School and the season concludes by the end of October. Practices before the start of school will take place in the mornings for one to two hours. Practices during the school year will take place immediately after school and conclude around 5:30. All home games are played at Learwood Middle School and start at 4:30. Coaches will develop the program based on the fundamentals of football and other skills related to the sport. No cuts are made, and Learwood fields a separate 7<sup>th</sup> and 8<sup>th</sup> grade team.

Volleyball begins in August 1st and concludes in late October. Participation in girls' volleyball is based on a series of try-out sessions held at the beginning of the season before school starts. There are two teams, one for seventh grade and another for eighth grade. Practice times and location may vary after school. The Coaches will teach serving, setting, spiking, offensive and defensive strategies, and other related skills.

Cross Country is the perfect sport for the student that enjoys running. Cross Country generally starts August 1st and concludes in mid-October. Athletes are trained to run distances of approximately 2 to 5 miles. Practices are held outdoors after school from approximately 3:00 pm until 5:00 pm. Since there is not a home course, all competitive events are scheduled away. There are no cuts made, and participation is open to any 7<sup>th</sup> and 8<sup>th</sup> grade boy or girl.

Cheerleading-Cheerleaders keep our LMS sports fans positive and support the football and basketball programs. There are separate football and basketball cheerleading squads. The football cheerleading squad is composed of both 7<sup>th</sup> & 8<sup>th</sup> graders, while for the basketball season there are separate squads for the 7<sup>th</sup> and 8<sup>th</sup> grade cheerleaders. Practices are held daily after school and the Coach will provide a calendar of practice times and events at the start of the season. Squads

only cheer at home games. Cheerleading try-outs are held in the spring, typically in May.

### **Winter Sports**

**Basketball** - The girls' season begins in mid-October and ends in mid-January. The boys' season begins in December and concludes in mid-March. Try-out sessions are conducted for both boys and girls basketball teams. Two teams will be organized per grade level and gender. Practice times will be scheduled for approximately an hour and a half on a rotating basis through the early evening. Due to the fact that we have four teams, some practices are held at Troy Intermediate School. It is important that athletes share practice calendars with parents for proper pick up place and times. Athletes are expected to attend all practices and games. The Coaches will teach basic ball handling, shooting, offensive and defensive plays, and other necessary basketball skills.

**Cheerleading**- See Fall sports

**Wrestling** is the ideal sport for athletes of all sizes because competition is against other athletes of equal weight. The season is from late November through January. Practices are held immediately after school at Learwood. There are no try-outs or cuts in wrestling, so everyone is invited to join regardless of experience! The team consists of both 7<sup>th</sup> and 8<sup>th</sup> grade students.

### **Spring Sports**

**Track and Field** is open to all boys and girls in the 7<sup>th</sup> and 8<sup>th</sup> grade. The season goes from approximately mid-March through May. There are no try-outs or cuts for the team. Coaches will examine the skills of individual athletes and develop them to participate in a variety of running and field events. Practices will be held after school at Learwood. The Coaches will provide a calendar of practice sessions, locations, and events.

**Softball** - Learwood Middle School fields a girls' softball team consisting of both 7<sup>th</sup> and 8<sup>th</sup> grade students. The season begins at the end of March and runs through May. There are no games during spring break, but games are scheduled up to and after that time. Try-out sessions are held before the season in March. All practices and games are held at Learwood after school. The Coaches teach basic hitting, throwing, catching, and other softball related skills.

### **Student Activity Rules and Guidelines**

- Participation in the Learwood Student Activity Program is a privilege, not a right. Students can be removed for misconduct, rule violations, or non-attendance in the activity by the Coach/advisor and administration.

- The Student Activity Rules and Guidelines begin the first day of school (or the first day of the official practice, if earlier) and are intact until the last day of the school year.
- Any student serving suspension cannot participate in any activity during the days of suspension.
- Students must be in attendance at school for a minimum of 3.5 hours in order to participate in an activity that day.
- Students are not exempt from detentions (either teacher or office assigned) because of an activity, practice, or game.
- Remember, academics ALWAYS take precedence over any student activities!

#### OHSAA Rules and Guidelines

- Student-athletes must receive a passing grade in five classes during the last grading period of the school year to remain eligible for Fall of the preceding year. The five classes must be indicated on the student's academic record.
- Sports Physicals are good for (1) calendar year for interscholastic athletics.
- All athletes must have an OHSAA sanctioned physical on file before they can participate in any organized activity.
- All athletes must have the OHSAA Concussion paper filled out and on file with school administration.
- Student athletes must know that they "cannot" tryout, practice, train (team sports), or participate in a contest (applies to all sports) with a non-school team of the same sport during the school team's sport season.
- Individual instruction out of season may occur at any time with not more than 4 athletes in all combined facilities, except during the no contact periods for each sport.

#### Athletic Department Policies

**Equipment** - School equipment checked out by the student athlete is his/her responsibility. He/she is expected to keep equipment clean and in good condition. Loss of any equipment is solely the athlete's financial obligation.

**Practice** - Athletes are expected to be in attendance for all practices, team meetings, contest, and special events unless excused by the head Coach.



**Transportation** -All athletes MUST travel to and from athletic contest via school transportation. Exceptions may be made only with advance requests to the head Coach and administration.

**Attendance** - Students must be in attendance at school for a minimum of 3.5 hours in order to participate in an activity that day.

**Physical Exams** - Any student participating or trying out for an athletic team must have a current physical on file with the office prior to the first day of participation. Physicals must be documented on the mandated OHSAA form. These forms are available online. Physicals can be administered by your family doctor as well as at any Walgreens or CVS.

**Residence** - A student is eligible to participate at the school located in the school district where the parent or legal guardian resides. If the parent/legal guardian lives outside that district or the state of Ohio, a student is not eligible unless one of the exceptions to the residency bylaws is met. Where there has been change of custody, the student must reside in the same school district with the legal guardian, and is only eligible to participate in the district.

**Other Forms Required:** In addition to the physical, students and parents must have the following forms turned into their Coach on the first day of practice. All forms can be found at [avonlakesports.com](http://avonlakesports.com) under the forms tab (unless noted otherwise :

- OHSAA physical
- emergency medical form (printed from your InfoSnap online registration program)
- concussion form
- and the parent-athlete agreement form
- pay to participate form and payment

#### Pay-To-Participate Fees Information

A **Pay-To-Participate** fee structure for the Avon Lake City Schools Interscholastic Athletic Programs will be in effect each school year. This information will provide you with all the details for student athletes at Learwood Middle School.

#### **Learwood Middle School Pay-To-Participate Fees**

Each Learwood Middle School student athlete's Pay-To-Participate fee is \$150.00. If the student athlete participates in second or third sport there would be NO additional fee. Also, there is a \$400.00 cap per family at in the Avon Lake City School District.

The Pay to Participate due dates are posted on the Learwood website at:  
<http://www.avonlakecityschools.org/learwood>

**IF PAYMENT IN FULL IS NOT RECEIVED BY THE ABOVE DEADLINES, THE STUDENT ATHLETE CANNOT PARTICIPATE IN PRACTICES OR CONTESTS.**

**\*PERSONAL CHECKS WILL NOT BE ACCEPTED AFTER MAY 1, 2019\***

**Special Information Items**

- The payment of the Pay-To-Participate Fee does NOT guarantee any student athlete a certain amount of competition contest time ("playing time").
- The Pay-To-Participate Fees are non-refundable with the following exceptions:
  - Sport is canceled due to insufficient numbers of student athletes.
  - Student does not make the team ("cut").
  - If the student athlete becomes disabled prior to the first contest.
  - The student athlete moves/transfers out of the district prior to the first contest.
  - Student athlete is academically ineligible prior to first contest.

-NO REFUNDS will be issued after the first contest of each sport unless approved by the Director of Athletics.

Refunds must be requested in writing to the Middle School Principal and the refund would only be issued by the above criteria. If a refund is requested it will take approximately 2-3 weeks for payment to be processed from the Board of Education once the written request has been made.

The Avon Lake City Schools Pay-To-Participate Registration Form must be completed and accompanied by a check\* (made payable to Learwood Middle School), money order, or by debit/credit card (Visa and MasterCard only). **For Learwood Middle School student athletes;** please enclose a Registration Form and Fee and give it to the Learwood Middle School Main Office Secretary prior to the season beginning. The attached Registration Form and Payment can also be mailed to:

Learwood Middle School  
Pay-To-Participate Fee  
340 Lear Road  
Avon Lake, OH 44012

**Sports Pictures**-Each sport will have individual pictures and team pictures for the season. All participants are expected to be in team pictures. Team pictures will take place on the following dates. The individual pictures for each sport are optional. All athletes who take an individual picture must have a sports picture envelope filled out to have his/her picture taken. The dates for all sports pictures are posted on the Learwood website at:

<http://www.avonlakecityschools.org/learwood>

**Parent Meetings**-Each Coach will hold a parent meeting at the beginning of the season. All students and athletes are required to attend the meeting for their sport. Meetings will be held at Learwood. The AD will hold a general meeting about to cover district's code of conduct, OHSAA regulations and any other topics pertinent to the upcoming season. Then individual Coaches will hold a meeting with their parents. The parent meetings are posted on the Learwood website at: <http://www.avonlakecityschools.org/learwood>

August 7, 2018 - Fall Athlete Parent Meeting 6:00 p.m.

## Learwood Middle School Activities & Clubs Advisors

Student Council ~ Advisor: Anna Walters  
Email: [anna.walters@avonlakecityschools.org](mailto:anna.walters@avonlakecityschools.org)  
Phone: 440.933.8142 ext. 2204

Fall Intramurals ~ Advisor: Rory Scarvelli  
Email: [rory.scarvelli@avonlakecityschools.org](mailto:rory.scarvelli@avonlakecityschools.org)  
Phone: 440.933.8142 ext. 2201

Winter Intramurals ~ Advisor: Matthew Perry  
Email: [matt.perry@avonlakecityschools.org](mailto:matt.perry@avonlakecityschools.org)  
Phone: 440.933.8142 ext. 2703

Spring Intramurals ~ Advisor: Sarah Fleming  
Email: [sarah.fleming@avonlakecityschools.org](mailto:sarah.fleming@avonlakecityschools.org)  
Phone: 440.933.8142 ext. 2919

Math Counts ~ Advisor: Bill Henderson  
Email: [bill.henderson@avonlakecityschools.org](mailto:bill.henderson@avonlakecityschools.org)  
Phone: 440.933.8142 ext. 2503

Ski Club ~ Advisor: James Lynch  
Email: [James.Lynch@avonlakecityschools.org](mailto:James.Lynch@avonlakecityschools.org)  
Phone: 440.933.8142 ext. 2237

Design Squad~ Advisor: James Lynch  
Email: [James.Lynch@avonlakecityschools.org](mailto:James.Lynch@avonlakecityschools.org)  
Phone: 440.933.8142 ext. 2237

Builders Club~ Advisor: Amy Poporad  
Email: [amy.poporad@avonlakecityschools.org](mailto:amy.poporad@avonlakecityschools.org)  
Phone: 440.933.6283 ext. 3121

Power of the Pen: TBD  
Email:  
Phone: 440.933.8142 ext.

Yearbook ~ Advisor: Patty Rini  
Email: [patricia.rini@avonlakecityschools.org](mailto:patricia.rini@avonlakecityschools.org)  
Phone: 440.933.8142 ext. 2711

TV Production ~ Advisor: Mike Grumbos  
Email: [mike.grumbos@avonlakecityschools.org](mailto:mike.grumbos@avonlakecityschools.org)  
Phone: 440.933.8142 ext. 2702

7<sup>th</sup> and 8<sup>th</sup> Grade A Capella ~ Advisor: TBD  
Email:  
Phone: 440.933.8142 ext.

Jazz band ~ Advisor: Chris Ewald  
Email: [chris.ewald@avonlakecityschools.org](mailto:chris.ewald@avonlakecityschools.org)  
Phone: 440.933.8142 ext. 2105

### Student Council

Learwood's Student Council is an organization based on leadership, service, and commitment. Students do not have to run for election but may apply to join the council. Our goal is to create activities for our student population, organized charitable works, and be role models of positive behavior. Student council meets several times a month; one time after school to plan the month's agenda and then during supports or added meetings after school to complete preparation for that month's activity. Examples of these monthly activities are September and February activity/dances afterschool, hosting the Veteran's Day breakfast,

participating in the Homecoming Parade, candy-grams at Valentine's Day, bake sales, the Learwood talent show, and organizing several charity drives throughout the year.

### Builders Club

Builders Club is a student-led community service organization that operates under school regulations and draws its members from the student body. The Avon Lake Kiwanis club, composed of like-minded, service-oriented people from the community, serves as the club's sponsor. Builders Club is the largest service organization for middle school and junior high students, with more than 45,000 members worldwide. Members learn to work together and develop servant-leaders skills as they serve their school and community. Our Builders Club does student led activities such as beatification projects and service through the community.

### Intramurals

Fall, Winter and Spring Intramurals are an opportunity for anyone at Learwood to learn how to become active in activities outside the school day. The Fall opportunity runs Tuesday's and Thursday's from 3pm to 4pm starting in September and concludes when Winter sports begin. The Winter opportunity runs Tuesday's and Thursday's 3pm to 4pm directly the week following Winter Break and concluding when spring sports begin. Spring Intramural activities will be dependent on the weather.

### Math Counts

Math Counts is a national organization for all 7<sup>th</sup> and 8<sup>th</sup> graders that deepens middle school students understanding of mathematics. Part of our meeting time is spent working interesting math problems that are provided by Math Counts. Some of the activities are done individually, some in groups of your choice. We sprinkle in friendly competitions for chocolate cupcakes (or the like). Weekly meetings are held at Learwood in Mr. Henderson's room (503). Eight students qualify for the chapter competition at LCCC in late February (transportation provided by bus from Learwood). The State competition is at Columbus State Community College in mid-March (1 or more students have qualified for the state competition each of the last 6 years). This opportunity runs from late October to Late March with meetings weekly after school until 4 pm. **What else:** Snacks/drinks are provided free. Math Counts doesn't seem like just another math class. Sit with your friends. Have fun. No take home work is assigned.

### Ski Club

Ski Club starts Saturdays beginning the first week in January (weather permitting). School busses leave Avon Lake High School at 10:15am and head for Brandywine Ski Resort in Peninsula, Ohio. Busses return to Avon Lake High school around 4:30pm. Students can pick up a registration form at the Learwood Middle School office in October for online registration directions. Mandatory Emergency Medical and bus forms, fee information, and deadlines will be attached to the directions. You will need to pay a mandatory transportation fee to your school office. All lessons, equipment rentals and lift tickets are included in the cost. All students are welcome- no experience necessary. Check out this website <http://www.learwoodskiclub.org> for updated information.

### Power of the Pen

If you have a passion for the written word, if you have story characters living within the depths of your mind, if ink is your ammunition and a pen your weapon of choice...Power of the Pen is the opportunity for you. Power of the Pen meets once a week; beginning late fall and ending with the publication of your very own writing in the spring. There is a fee for the publication packet; however the end result is priceless. All writing and revision will be done electronically with the support of your editor, the Power of the Pen advisor. Listen to announcements for start dates and times. WRITE ON, LEARWOOD!

### Design Squad

Design Squad is an engineering club based on the PBS show, Design squad. Students work in groups and each week they receive a new engineering challenge. Throughout the week, the students design a solution to the challenge and then compete to see who has the most successful design. Challenges have included making balloon powered cars, making a zip line to drop a marble on a target, and making catapults to launch ping pong balls. This is a great opportunity to explore the design process, work within a team, and experiment with fun designs.

### Yearbook

A few students have the opportunity to proof the individual student pictures at the beginning of the year with me. If students are interested in helping out with proofing pictures, this activity would be for them!

### Drama Club

The Learwood Drama Club is an after school activity that was created to bringing the joy and power of drama to students by providing dramatic programming at the beginner and intermediate levels. This program offers participants the chance to experience the excitement and rewards of theatre while developing poise, social skills, confidence and the ability to work with others.

### 7<sup>th</sup> and 8<sup>th</sup> grade A Capella

The Learwood A Capella Ensemble is a select ensemble chosen from the 7th and 8th grade. Rehearsals are before school twice a week from 7:00-7:30 a.m. Music varies from classical to pop. The A Capella Ensemble will travel and sing at different events in the Cleveland Area including caroling during the holiday season. Auditions for the A Capella Ensemble are held at the beginning of the year.

### 7<sup>th</sup> and 8<sup>th</sup> Grade Jazz Ensemble

Do you want to play popular style of music while sharpening your skills on your instrument and in musical performance? The 7<sup>th</sup> and 8<sup>th</sup> Grade Jazz Ensemble is an after school musical ensemble that introduces and aides in the development of popular music style performance. The Jazz Ensemble performs a variety of musical styles, including Rock and Roll, Big Band, Dixieland, Blues, Bebop, and many other styles of popular music. The Jazz Ensemble participates in a variety of performances, including in a Winter Concert, a District Band Festival, a Spring Concert and many outside-of-school venues. Contact Mr. Ewald for more information regarding rehearsals and performances.