

### **A Note from the Nurse...**

Welcome back to the 2020-2021 school year! We look forward to another year although it will certainly look a little different. As nurses, our role has traditionally been to keep students well and in school so that they can learn. Because we are dealing with a dangerous and easily transmitted virus, we need to be aggressive to keep people safe, save lives and keep schools open.

During this unusual year, our role will be to send students and staff home if they have any COVID-19 symptoms. We know that COVID-19 symptoms are similar to many other childhood illnesses and without adequate testing we will be very cautious and will be following guidelines set forth from Lorain County Public Health. This is challenging for our nurses but remember, this is not forever—the pandemic will end and routines will resume as normal.

### **Your student's day should start with an at-home assessment**

- All families are asked to perform health checks on students before coming to school each day. Remember, COVID-19 spreads easily and quickly between people.
- It is essential that students (and their caregivers), staff and volunteers conduct daily health checks prior to coming to school. This includes taking your child's temperature prior to leaving their residence.
- Below is a helpful video from Lorain County Public Health
- [https://www.youtube.com/watch?v=qNuFEC\\_cbAU&feature=youtu.be](https://www.youtube.com/watch?v=qNuFEC_cbAU&feature=youtu.be)
- Please be sure to STAY HOME if you are ill.

### **Preventative Practices**

- Practice and promote healthy behaviors, that done together, can reduce the spread of COVID-19
- Wash your hands with soap and water, or use hand sanitizer with at least 60% alcohol if you don't have soap and water
- Sanitize frequently touched surfaces
- Follow social distancing guidelines around others
- Wear a face covering to keep from spreading the virus to others
- Avoid touching your face and mouth
- Stay home if you are sick.

### **If your child becomes ill at school**

We will be following the guidelines from LCPH and will advise you when your child can return to school if they are sent home. Please refer to the attached document and keep in mind that this can change.

Please do not hesitate to reach out to the nurse at your child's school for any questions or further information.

Thank You!  
ALCS Nurses