HOW TO BUILD RESILIENCE

Fun and Powerful After-School Workshops for KIDS Ages 10+ (small class sizes)

STARTING OCTOBER 28, 2019 FROM 4:30–5:40 P.M.

When it comes to building up resilience... the best time to learn coping skills is when you’re young!

Young people’s brains and personalities are still developing and they are often exposed to situations where they can either struggle or THRIVE

If your child frequently has difficulty managing change or disappointments or has trouble bouncing back from failure, this powerful and fun workshop will help them discover their personal power!

Call today 440 212 6262 for a consultation.
www.wisdomtreekids.com