****Don’t miss out on the fun…

**Join Girls on the Run!**

**We inspire girls to be joyful, healthy and confident using a fun, experience-based curriculum which creatively integrates running.**

REGISTER ONLINE BEGINNING

**February 20, 2017**

To ensure that all girls have equal opportunity to participate in Girls on the Run, we are implementing a registration lottery. All registrations will be entered into a lottery and randomly selected.

**Each 10-week session includes:**

☺An innovative, nationally-successful curriculum

☺Two 75 minute sessions each week

☺Warm-ups, running/walking workout and games

☺Relevant topics designed especially for girls in 3rd-6th grade

☺Healthy treats and snacks at each practice

Season begins:

**March 6, 2017**

Location:

**Avon YMCA – A YMCA membership is NOT required!**

Meeting days and time:

**Monday & Wednesday**

**5:30-6:45 pm**

**To register or for more information:**

**Contact Chrissy Snider at** **79sniderc@gmail.com**

 **or 440-785-3629**

www.gotrnortheastohio.org

**234-206-0RUN**

