

# Avon Lake City Schools

175 Avon Belden Road  
Avon Lake, Ohio 44012



## ERYTHEMA INFECTIONOSUM FIFTH DISEASE (SLAPPED CHEEK SYNDROME)

### **Incubation Period (the time between infection and the onset of symptoms):**

Estimated to be 4-14 days, usually 12-14 days.

### **Symptoms:**

Bright red rash, usually beginning on face “slapped cheek” appearance spreads to trunk and extremities. Rash has lacy appearance. Generally clears in 1 week, can recur if warm or upset for up to 1 month.

### **Method of Transmission:**

Direct/Indirect contact with respiratory secretions of an infected person.

### **Control Measures:**

Communicable up to 5 days prior to, and, to a lesser extent, for 2 days after appearance of rash.

### **Control:**

According to the Ohio Department of Health, it is not necessary to exclude a child from school unless uncomfortable or febrile. Pregnant individuals should notify their physician if exposed. Most will be immune, but those who are not have a small risk of an ill effect on the fetus, particularly the first half of the pregnancy. The importance of good hand washing should be reinforced as well as disinfection of soiled objects. Good hand washing as with any disease is important in the prevention of and spreading of any disease. At school we encourage children to wash their hands before eating and after using the bathroom.

If you have any questions or concerns please feel free to contact your physician or the nurse at your child’s school.